

Athlete Current Skill Form

Athlete Name: _____

Age (As of August 31st, 2011): _____ Birth Date: _____

Would you be interested in competing on more than one team? _____ Yes _____ No

For coaches only

Jumps:

___ Right Front Hurdler

___ Left Front Hurdler

___ Toe Touch

___ Double Toe Touch

___ Pike

Tumbling:

Level One:

___ Back Bend/Arch

___ Cartwheel

___ Round Off

___ Back Walkover

___ Front Walkover

Level Three:

___ Standing BHS Series (2 or more connected)

___ Toe Touch Back Handspring

___ Punch Front

___ Round Off Back Tuck

___ Round Off Back Handspring Tuck

Level Two:

___ Standing Back Handspring

___ Round Off Back Handspring

___ Round Off Back Handspring Series

Additional Skills:

___ Standing Back Tuck

___ Standing BHS Back Tuck

___ Toe Touch BHS Back Tuck

___ ToeTouch Back Tuck

___ Layout

Notes: _____

Suggested Team: _____